



# **BIRTHDAY PARTY INFORMATION PACK**



# WHAT IS A CHILTERN CHEETAH'S PARTY?

**OUR PARTIES PROVIDE CHILDREN WITH A FUN SESSION THAT CATERS FOR YOUR NEEDS. YOU CAN SELECT ANY OF THE BELOW (OR HAVE A VARIETY):**

- TUMBLING**
- GYMNASTICS**
- CHEERLEADING**
- PARKOUR**

**1. THE CHILDREN WILL TAKE PART IN A WARM-UP**

**2. THEN SEPERATE INTO GROUPS AND COMPLETE THE ACTIVITIES CHOSEN ABOVE**

**3. THE END OF THE PARTY WILL INVOLVE GAMES AND A HAPPY BIRTHDAY SONG LED BY OUR CHOIR OF COACHES. A PERFECT PICTURE MOMENT FOR THE MEMORY BOOK!**

**4. THE CHILDREN WILL THEN BE LED OUT OF THE GYM TO THE LOBBY WHERE THEY HAVE 20 MINUTES FOR CAKE (NOT PROVIDED) AND 10 MINUTES TO TIDY UP**



# PRICES

## OPTION 1:

**1 AND A HALF HOURS  
(1 HOUR IN GYM AND 30 MINS IN LOBBY)**

**UNDER 20 CHILDREN = £250**

**UNDER 30 CHILDREN = £300**

## OPTION 2:

**2 HOURS  
(1.5 HOURS IN GYM AND 30 MINS IN LOBBY)**

**UNDER 20 CHILDREN = £320**

**UNDER 30 CHILDREN = £370**





# **INFORMATION**

**-Arrive 15 minutes before the party**

**-Children are to wear sports clothes and no jewellery**

**Footwear: Cheerleading shoes or barefoot**

**-Blankets will be provided in the lobby for children to sit and eat the cake. A table will be provided to cut the cake. During warmer weather the outside benches will be available.**

**-It is the parents responsibility to make sure that the dining area is clean after use. Bin bags and a hoover will be provided.**

**Please ensure guests are collected after the cake to ensure the dining area is cleaned on time.**

**-We discourage additional parents from coming in the gym during a normal party as the gym can get crowded. However, we don't mind the host coming in and taking party pictures!**

**NO ALCOHOL IS PERMITTED ON SITE!**



# UNSTRUCTURED PARTIES



- Unstructured parties are recommended for children below the age of 5**
- During these parties the parents are required to be in the gym to supervise their children as they go on the equipment**
- There will be a coach supervising in the gym to make sure that everybody is safe**
- Adults are not to go on the equipment as the equipment is designed for children**

