

CHILTERN CHEETAHS MONTHLY NEWSLETTER

JULY/AUGUST- 2020



NEWS ON PAGE 2

Park sessions in July- what did we do when we couldn't be in the gym?

NEWS ON PAGE 3

AWARDS!
How we managed to run an awards night during a pandemic.

TOP NEWS: WE ARE BACK!

On March 20th 2020, when we closed our doors following the closure of schools, we could never have imagined that we would be out of our lovely gym for four months.

But on July 25th, the doors REOPENED- and we are able to train in our full sprung floor gym and separate hall at Beaconsfield High School. And we couldn't be happier to be back!

There has been a lot of preparation that has gone into reopening to maintain the safety of our athletes, coaches and families.

Athletes are grouped in training 'bubbles' over summer, all temperatures are checked on arrival, and hand sanitizer given out at the start and end of every session, all equipment is thoroughly cleaned between each bubble's session and social distancing is strictly adhered to.

This makes training a little different, but we are so glad to be back!

NEWS ON PAGE 3

Training in summer- what are we doing and how can you help?

JULY/AUGUST 2020

PARK SESSIONS

After a week 'off' cheer, we were back and raring to go with our park sessions.

Once allowed by the government to meet in small groups outdoors, we held training in several parks.

The reason for doing this was to allow the athletes to see each other and feel a small sense of retuning 'normality', and for coaches to give feedback to the small group of athletes in front of them (rather than lots of athletes on small screens in front of them). Park sessions were a fantastic option following zoom, before the gym opening.



HOW ARE WE SUPPORTING OUR ATHLETES?

01

Training in bubbles in the gym

02

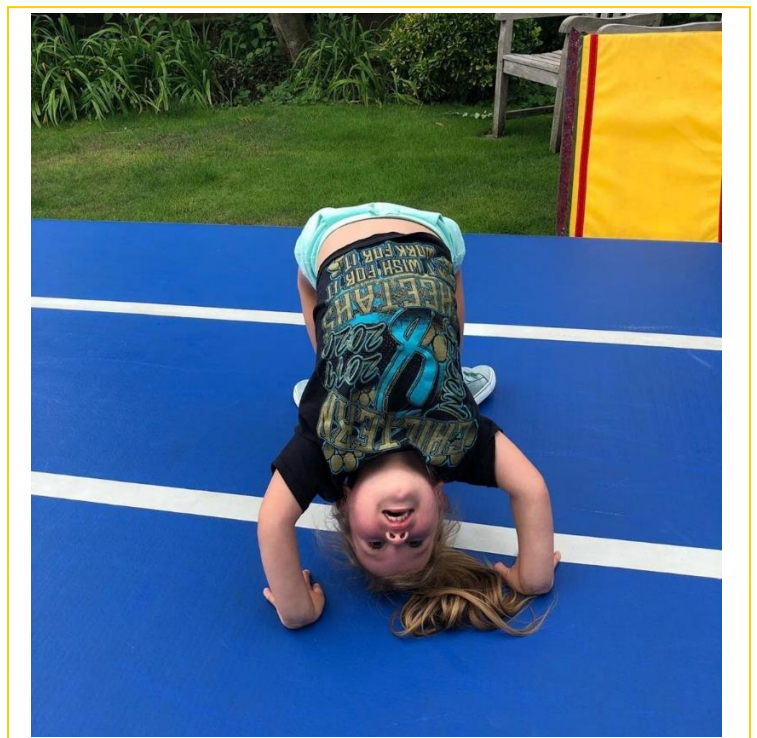
Procedures in place for safety of all

03

Wellbeing remains a priority

04

Private tumbling still available to book



JULY/AUGUST - 2020

VIRTUAL AWARDS NIGHT

On Saturday July 11th, we had a fantastic time hosting our virtual awards night.

Awards is always a wonderful evening, celebrating our amazing athletes and all of their hard work, and thanks to the help of the coaches and lots of organising by Jess (beautifully presented alongside Kerri), we are glad that we were still able to bring some of the magic home by hosting via zoom.

Huge congratulations to all the winners and those with top attendance, but also to all of our athletes that continued to work ahead throughout lockdown. We are proud of you all!

CHILTERN CHEETAHS

VIRTUAL AWARDS NIGHT



SATURDAY JULY 11TH 2020

Please join us on zoom for an evening of celebrating this season, and our fantastic athletes!

Training in summer: How can you help?



-Please don't send your child to training if they or anyone in their household has any symptoms of covid (high temperature, dry cough, loss of taste).

-Athletes should only bring a water bottle and towel to training. Where possible they should wear their training shoes to the gym and NO PHONES please.

-Drop off and pick up on time in your designated areas. Please do not leave your car (only athletes should be outside of cars).

Tell your friends!

We are opening up spaces for non-members to also train with us over summer. Do you know someone who might be interested in trying out cheerleading for a few weeks? Please help us spread the news!

Second location: The Misbourne

We are running one tumble and one cheer class at The Misbourne on Wednesdays from September. Would you like your child to train at our second location, or know someone nearby that might? Let them know!

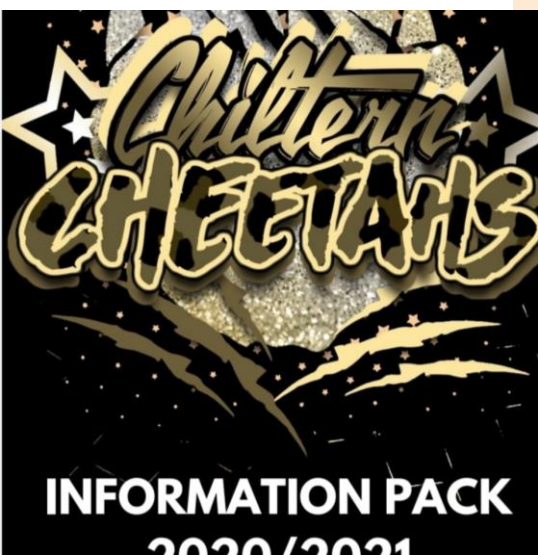
2020-2021 Information Pack Available Now!

Our information pack for the 2020-2021 season is online. Please email info@chilterncheetahs.co.uk if you have not received it.

Please make sure your membership form is completed to be considered for a place at Chiltern Cheetahs.

Click [here to fill in membership form](#)

REMINDER: Joining fee due at the athlete's 2nd training session of August (deadline, August 31st)



INFORMATION PACK

2020/2021